Paul Mitchell The School Sacramento

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTIONS

Esthetics: ***SOC 39-5094.00, CIP Code 12.0409:***

The curriculum involves 600 hours to satisfy California state requirements. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing. The school delivers instruction in the form of power points, keynote, dvds, lecture, hands-on applications and role playing.

Curriculum includes but is not limited to:

- Product and kit knowledge, safety and sanitation
- Eyelash theory and related medical conditions
- Practical applications, including on live models
- Business-building and success tips

Graduates are prepared to be entry-level estheticians.

This course is taught in English. Textbooks and course materials are only offered in the English Language.

The Esthetics Hybrid program has a distance education component consisting of up to 276 hours.

All courses are taught in English. The school does not offer English language services. Students must be proficient in the English language. Applicants may document proficiency using the Test of English as a Foreign Language (TOEFL) results.

ESTHETICS COURSE OVERVIEW

Course Hours: 600 clock hours

The course is divided into pre-clinical classroom instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction:** The first 300 hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience:** The remaining 300 hours are spent in the clinic classroom where practical experience is gained.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 50% of the program's total clock hours through distance education.

ESTHETICS COURSE OUTLINE

Your time at Paul Mitchell The School Sacramento for the esthetics program will be divided into four (4) designations:

- **Core Curriculum:** This 300-hour time period is dedicated to exploring foundational knowledge and basic esthetics facial, hair removal, and makeup procedures. You will receive individual attention in practical workshops, and you will complete monthly worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience. If enrolled in the hybrid program, up to 140 of these hours will be via distance education.

- **Clinic Classroom Learning Experience:** You will enter a new phase of elective classroom workshops coupled with challenging practical services that will continue to build you into a confident skin care therapist.
- **Classroom Learning Experience:** During this phase of your learning, you will be introduced to guest speakers, prescriptive selling, motivation, self-improvement, professional development, body treatments, and emerging technologies. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to guests. You will make discoveries and learn relationship-building skills that will ensure your success in this exciting, diverse field.
- **Creative Curriculum:** You will dress, act, and work like a true professional. You will use your own technical and therapeutic abilities, coupled with the assistance of Paul Mitchell The School Sacramento Learning Leaders, to prepare for your future beauty industry career. If enrolled in the hybrid program, up to 135 of these hours will be via distance education.

ESTHETICS COURSE SUBJECTS

The instructional program of Paul Mitchell The School Sacramento meets or exceeds the state requirements:

Subject	Technical Instruction	Practical Applications
Technical Instruction and Practical Training (350 hours)		
Manual, Electrical, and Chemical Facials	70	140
Preparation	15	0
Eyelash Extensions	20	20
Additional Training	225	0
Technical Instruction in Health and Safety (200 hours)		
Laws and Regulations	10	0
Health and Safety Considerations	40	0
Disinfection and Sanitation	10	0
Anatomy and Physiology	15	0
Additional Training	125	0
Technical Instruction and Practical Training in Hair Removal and Make-up (50 hours)		
Eyebrow Beautification	25	50
Make-up	33	40
Additional Training	12	0
TOTAL HOURS OF TECHNICAL INSTRUCTION	**600**	

Paul Mitchell The School Sacramento offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume development, job interview preparation, and job search skills. These additional courses are not a requirement for state licensure. No additional hours will be required to complete the additional training, and these additional courses are not a requirement for state licensure.

Exceeds means that during the course of your training you may complete more services than what is listed; however, no additional hours over the 600 hours required by the Board of Barbering and Cosmetology (BBC) will be required.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 600-hour course:

1. **Academic theory exams:** Students must receive a grade of 70% or higher on each assigned theory exam.

2. **Core written and practical skills evaluation test:** Students must receive a grade of 70% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 70% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts, the student may be asked to withdraw from the program and re-enroll in the next available Core class start date.
3. **Final written and practical:** The written test covers an overview of all theory instruction, California state law, and other items covered on the state esthetics exam. Students must receive a grade of 70% or higher on all final exams.
4. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.
5. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 75% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.
6. **Distance education assignments:** The institution will respond to student's submission of lessons, projects and or evaluations the next business day.